



Visiting Friends and Relatives in Overseas?

The AHS Travel Health Clinic offers individual consults and immunization services for all ages. Our Travel Health Nurse can inform you the travel health risks specific to your itinerary. You can receive travel vaccinations, prescriptions and education to protect you and your family while traveling to overseas visiting friends and relatives.

Are you prepared?

- Have you purchased travel health insurance?
- Have you completed all recommended vaccinations?
- Have you picked up your prescriptions? Do you understand how to take them?
- How to protect yourself from diseases transmitted by mosquitos and food and water?
- Where to get reliable, safe medical care at your destination?

Are you travelling with children?

- Is your youngest child at least 6 months of age?
- Are your children's routine vaccinations up to date?
- Can you get diapers, formula, medicine...etc at your destination?
- Do you know what to do if your child gets sick while travelling?

AHS Calgary Travel Health Clinic (with interpretation):

Call for an appointment: 403-955-6777 (tell receptionist the language that you require)
Sheldon M. Chumir Health Centre: 1213 4 Street SW Calgary, Alberta T2R 0X7

Hours of Operation:

M - T: 8:15 am - 7:15 pm

W - F: 8:15 am - 4:15 pm

Every other Saturday 8:15am - 4:15pm, except for holiday weekends.

Not sure if you need to see a Travel Health Nurse? Call 811 to find that out

