

Immunization

1. Family doctor

- Appointment needed.
- If you do not have one:
- Call 811
- Register at www.calgaryareadocs.com
- Find one at the College of Physicians and Surgeons of Alberta website www.cpsa.ca

2. How and where to get immunized

- Check your child's immunization record, or bring the record to a community health centre CHC
- Check with your child's school nurse
- visit www.ahs.ca " Find hospitals and facilities" to find a CHC, or
- Call 811 for locations and phone numbers
- School nurses will vaccinate children at schools

3. Travel Health Vaccination

- Sheldon M. Chumir Travel Health Clinic, 403-955-6777, appointment needed
- Not free, may need other vaccines when traveling to other countries

4. Flu vaccination

- Safe, is for everyone (6 months and up), free
- www.ahs.ca/influenza or call 811 for locations and hours
- Frequent handwashing is very important!

5. Online resources

- Immunize Alberta <https://immunizealberta.ca>
- My Health Alberta <https://myhealth.alberta.ca>
- Government of Canada Immunizations and vaccines <https://www.canada.ca/en/public-health/topics/immunization-vaccines.html>
- Immunize Canada <https://immunize.ca/>

6. Health Care Interpreters (Over-The-Phone) -- Alberta Health Services AHS

- Assist patients and families in AHS' hospitals, community health centres or when receiving home care in Calgary. The service is free to patients and families. You will need to ask **AHS staff** to arrange this service for you.

7. Health Information, Health Programs And Nurse Advice -- Health Link Alberta 811

- Free 24 hour telephone health information, services and nurse advice with interpretation.
- Health Link Alberta: 811 for all languages

Routine Immunization Schedule in Alberta (As of January 1st, 2019), subject to change

Age	Vaccine
2 months	<ul style="list-style-type: none"> • DTaP-IPV-Hib-HB • Pneumococcal conjugate • Rotavirus
4 months	<ul style="list-style-type: none"> • DTaP-IPV-Hib-HB • Pneumococcal conjugate • Meningococcal conjugate • Rotavirus
6 months	<ul style="list-style-type: none"> • DTaP-IPV-Hib-HB • Pneumococcal conjugate (high risk only)
6 months and older	Influenza (flu) – annually
12 months	<ul style="list-style-type: none"> • MMRV • Meningococcal conjugate • Pneumococcal conjugate
18 months	<ul style="list-style-type: none"> • DTaP-IPV-Hib
4-6 years	<ul style="list-style-type: none"> • DTaP – IPV • MMRV
Grade 6	<ul style="list-style-type: none"> • Hepatitis B (3 doses) • HPV (2 doses)
Grade 9	<ul style="list-style-type: none"> • dTap • MenC-ACYW
Adults	<ul style="list-style-type: none"> • Td (every 10 years) • dTap (one dose as an adult or pregnant) • Pneumo-P (one dose for 65 years and older)

- DTaP-IPV-Hib-HB: Diphtheria, tetanus, acellular pertussis, polio, haemophilus influenza type b, Hepatitis B
- MMRV : Measles, mumps, rubella and varicella
- dTap-IPV: Diphtheria, tetanus, acellular pertussis, polio
- HPV: Human Papillomavirus
- MenC-ACYW: Meningococcal Conjugate Vaccine (Group A, C, W-135 and Y)
- Td: Tetanus, diphtheria
- Pneumo-P: Pneumococcal Polysaccharide